


## March 2010

| Sunday | Monday   | Tuesday                  | Wednesday   | Thursday  | Friday  | Saturday  |
|--------|--|--------------------------|---|---|---|---|
|        | 1  | 2<br>TIO#1 (6 – 7:30pm)  | 3   | 4<br>TIO#1 (6 – 7:30pm)   | 5 -3km Time Trial at Athletics Track. 6pm start (meet at Athletics track) | 6 - NTFL Prelim Final   |
| 7      | 8<br><br>Skinfold follow up this week  | 9<br>TIO#1 (6 – 7:30pm)  | 10  | 11<br>Nightcliff Football Club (6 – 7:30pm)   | 12 - Marrara Indoor Hall for follow up Testing Session 5:30 – 7:30pm      | 13 - NTFL G/Final   |
| 14     | 15   | 16<br>TIO#1 (6 – 7:30pm) | 17  | 18<br>TIO#1 (6 – 7:30pm)  | 19<br>NT Thunder v Sturt at 7:00pm TIO#1                                  | 20 Recovery Session at Airport Resort followed by Beyond Blue Session 10:30 – 12:30pm |
| 21     | 22   | 23<br>TIO#1 (6 – 7:30pm) | 24<br>U18s vs Scotch College @ Gardens Oval (5-7pm) | 25<br>TIO#1 (6 – 7:30pm)  | 26<br>TIO#1 (6 – 7:30pm) Intra Club Trial Match                           | 27<br>U18's vs Scotch College @ TIO Stadium (6pm – 8pm)                               |
| 28     | 29<br>Information Night at Kantillas (6 – 7:30pm with dinner provided)   | 30<br>TIO#1 (6 – 7:30pm) | 31  | <p style="text-align: center;"><b>Key Dates in April</b></p> <ul style="list-style-type: none"> <li>• Good Friday &amp; Easter Monday off</li> <li>• Round 1 v Brisbane Lions at TIO (9/4 at 7pm)</li> <li>• U18s Academy Camp – 9<sup>th</sup>, 10<sup>th</sup> &amp; 11<sup>th</sup> April</li> <li>• Saturday 10<sup>th</sup> of April (Season Launch, more info later)</li> <li>• Round 2 v Redlands at Redlands (17/4 at 2pm)</li> <li>• Round 3 v Morningside at Traeger Park (24/4 at 6:20pm)</li> <li>• Monday 26/4 Public Holiday for Anzac Day</li> </ul> |   |   |

